CORONAVIRUS PREVENTION

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Avoid close contact with people who are sick.

Clean and disinfect frequently touched objects and surfaces.

Stay home when you are sick.

More Information: www.marinhhs.org/coronavirus