





Long vowels say their names. Practice the sound for long vowel ā while looking in the mirror. Long vowel ā as in acorn. Does your chin lower? What shape does your mouth make? Can you feel your tongue move?

The long vowel a sound is made when the mouth opened as the jaw closes slightly the tongue moves upward towards the back of the front teeth. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.