ē long vowel

Long vowels say their names. Practice the sound for long vowel ē while looking in the mirror. Long vowel ē as in eagle. How wide does your mouth stretch? Where is your tongue when you make the sound? Can you feel the sound vibrate in your throat?

The long vowel ē sound is made when the mouth is slightly opened and stretched into a wide smile. The tongue is high in the mouth and the sides of the tongue touch the top side teeth. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.