Long vowels say their names. Practice the sound for long vowel ī while looking in the mirror. Long vowel ī as in ice cream. How far does your mouth open? Can you feel your tongue move when you make the sound?

The long vowel ī sound is made when the mouth is slightly opened. The tongue starts out in the lower part of the mouth and moves to the top of the mouth as the jaw closes. Repeating the sound and noticing how you make the sound builds muscle memory. Use your eyes, hands, ears and body while learning vowels to build strong connections.