

Practice the sound for long vowel ū while looking in the mirror. Long vowel ū (yoo) as in unicorn. Long vowel ū (oo) as in blue. Do your lips pucker up like they do before a kiss? Can you feel your stomach push in? Is your tongue high or low in your mouth?

The long vowel ū sound is made when the lips are slightly puckered and the tongue is in the upper part of the mouth. Repeating the sound and noticing how you make the sound builds strong muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.