Practice the sound for short vowel ā while looking in a mirror. Short vowel ā as in apple. How are you moving your mouth? Where is your tongue? Can you feel your vocal cords moving?

The short ā vowel sound is made when the mouth is opened, and the tongue is against the back of the lower teeth. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.