

Practice the sound for short vowel ě while looking in a mirror. Short vowel ě as in egg. What shape is your mouth making? Is it a wide shape? Can you feel your vocal cords moving?

The short e vowel sound is made when the mouth is making a smile, and is opened. The tongue sits behind the lower teeth. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.