

Practice the sound for short vowel i while looking in a mirror. Short vowel i as in igloo. Is your mouth relaxed? What is your tongue doing? Does your nose move?

The short i vowel sound is made when the mouth is opened and the lips are relaxed. The tongue rests in the upper central part of the mouth. The nose scrunches up. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.