





Practice the sound for short vowel ū while looking in a mirror. Short vowel ū as in umbrella. Is your mouth relaxed? What is your tongue doing? Does your stomach move?

The short ū vowel sound is made when the mouth is opened and the sides of tongue are resting against the bottom teeth. The stomach pushes inward when the sound is made. Repeating the sound and noticing how you make the sound builds muscle memory.

Use your eyes, hands, ears and body while learning vowels to build strong connections.