

LÍNEAS DE CRISIS

[Marin BHRS Access Line](#) (888) 818-1115
[Suicide & Crisis Lifeline](#) **988** o (800) 273-8255
[Crisis Text Line](#) Text **MARIN** to **741741**
[Línea de Prevención del Suicidio](#) (888)628-9454
[Adult Protective Services \(APS\)](#) 473-2774
[California Peer Warmline](#) 855-845-7415
[Crisis Stabilization Unit](#) 473-6666
[Mobile Crisis Response Team](#) 473-6392
[Veterans Crisis Line](#)

(800)-273-8255 (Press 1) or Text 838255

[Child & Family Svcs \(CPS\)](#) 473-7153
[Center for Domestic Peace \(DV\)](#) 924-6616
[Community Violence Solutions](#) 259-2850
[Long-Term Care Ombudsman](#) 473-7446

GUÍA DE RECURSOS ALIMENTARIOS

[https://drive.google.com/file/d/1nHvvrKZl-](https://drive.google.com/file/d/1nHvvrKZl-Go_ET8KQs3OM0LOJWUo3Vxi/view)

[Go_ET8KQs3OM0LOJWUo3Vxi/view](#)

PROGRAMAS ALIMENTARIOS DE

ASISTENCIA PÚBLICA

[Cal-Fresh \(aka food stamps\)](#) (877) 410-8817
[Women, Infants, and Children/WIC](#) 473-6889

DESPENSAS DE ALIMENTOS GRATUITAS

[SF-Marin Food Bank Food Locator](#) 282-1900

COMIDA CALIENTE

[St. Vincent de Paul Dining Room](#) 454-3303
[Jackson Café \(Vivalon\)](#) 456-9062
[Senior Congregate Meals](#) (sites vary) 473-4636

ENTREGA DE ALIMENTOS Y COMIDA

[SF-Marin Food Bank](#) (Waitlist) 824-3663
[Yelloh! Home Delivery](#) (888) 724-9267
[Mom's Meals](#) 578-2961
[Performance Kitchen](#) (844) 607-0676

ENTREGA DE COMIDA PARA LOS

GRAVEMENTE ENFERMOS

[Vivalon Nourish](#) (>60 yrs. old) 456-9062 x176
[Ceres Project](#) 707-829-5833 x21 (En), x203 (Sp)

Comida a domicilio para personas mayores

[Meals on Wheels](#) (<60/homebound) 473-4636
[Meals on Wheels](#) (<60/W. Marin) 663-8361

TRANSPORTE

[Trip Panning](#) Dial **511** & Say "Marin Transit"
[Golden Gate Bridge, Hwy & Transp Dist.](#) 921-5858
[Sonoma-Marin Area Rail Transit](#) (707) 794-3330
[Marin Access – Marin Transit](#) 454-0902
[Carepool Volunteer Driver \(65+\)](#) 454-0927
[Dillon Bch/Tomales/Pt. Reyes](#) 454-0902

REFUGIOS/ENTRADA COORDINADA

[Coordinated Entry](#) CE@marincounty.org
[Individuals](#): 473-4663 [Families](#): 457-2115
[Ambassadors of Hope & Opportunity/TAY](#) 203-0369
[Center for Domestic Peace](#) 924-6616
[Gilead House](#) (Single Mothers) 895-5575
[Homeward Bound of Marin](#) 382-3363
[Homeward Bound Family Center](#) 457-2115
[Services for Homeless Adults](#) (HBOFM) 457-9651

DUCHAS/LAVANDERÍA

[Ritter Center](#) 457-8182, x120
AYUDA AL ALQUILER Y A LOS SERVICIOS

PÚBLICOS

[CA Lifeline Program](#) (866) 272-0349
[Everyoneon.org](#) (low-cost Internet/Computers)
[Community Action Marin](#) 526-7500
[CAM LIHEAP Energy Program](#) 526-7550
[Chronicle Season of Sharing Fund](#) 526-7500
[North Marin Community Svcs](#) 897-4147
[Adopt A Family](#) 456-7805
[Canal Alliance](#) 454-2640
[Ritter Center](#) 457-8182
[St. Vincent de Paul Society](#) 454-0366
[Women Helping All People](#) 332-1703
[West Marin Community Svcs](#) 663-8361

EMPLEO/ENTRENAMIENTO Y

BENEFICIOS

[Public Assistance Benefits](#) (877) 410-8817
[CalFresh Employment and Training Program](#)
[Employment & Training Branch](#) 473-3350
[CalWORKs Employment Services](#) 473-3350
[General Relief Employment Program](#) 473-3450
[Supplemental Security Income Advocacy](#)
[Bloom](#) (work clothing for clients) 482-6077
[CA Department of Rehabilitation](#) 893-7702
[CEO Works](#) (recently incarcerated) 878-1530
[Fresh Starts Culinary Academy](#) 382-3363, x231
[Marin City CDC](#) 415-339-2837
[Ritter Center Benefits Enrollment](#) 457-8182
[EDD](#) (800) 300-5616 or (833) 978-2511
[Social Security Admin](#) (800) 772-1213
[YWCA Marin](#) 479-9922

Guía de Recursos Comunitarios de Marín 2025

415-473-INFO (4636)

473INFO@marincounty.gov

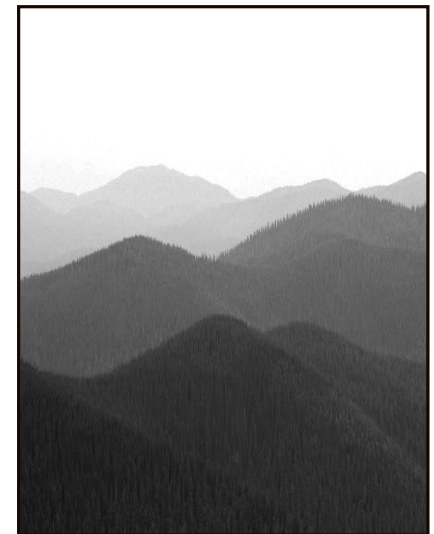
Guía de Recursos Comunitarios del HHS
de Marin

GUÍAS DE RECURSOS EN LÍNEA

Marque [211](#) O [211bayarea.org/counties/marin-](http://211bayarea.org/counties/marin-county)
[county](http://county.findhelp.org) OR findhelp.org

Guías de Recursos de Community Action
Marin

[Guía de Recursos Para La Familia](#)
[Localizador de Recursos Comunitarios](#)



***LOS NÚMEROS DE TELÉFONO SON DEL
CÓDIGO DE ÁREA 415,
A MENOS QUE SE INDIQUE LO
CONTRARIO**

VETERANOS

[Veterans Service Office](#) 473-6193

ADULTOS MAYORES

[Marin Adult & Aging Services](#) 473-4636
[Adult Protective Services \(APS\)](#) 473-2774
[Long-Term Care Ombudsman](#) 473-7446
[Medicare Counseling-HICAP](#) (800) 434-0222
[AgeWell \(PACE\)](#) (877) 615-4437
[Alzheimer's Association](#) 472-4340
[HOPE Program/Sr Peer Counseling](#) 888-818-1115
[Institute on Aging](#) 750-4111
[Margaret Todd Senior Center](#) 899-8290
[San Rafael Goldenaires](#) 485-3348
[Seniors at Home \(JFCS\)](#) 449-3777
[Vivalon Healthy Aging Center](#) 456-9062
[West Marin Senior Services](#) 663-8148

NIÑO/ADOLESCENTE/TAY/FAMILIA

[CalWORKs](#) (877) 410-8817
[Adopt a Family of Marin](#) 456-7805
[Ambassadors of Hope & Opportunity](#) 203-0369
[Buckelew Counseling Services](#) 491-5716
[Child & Family Svcs \(CPS\)](#) 473-7153
[Child Support Services](#) (866) 901-3212
[Community Action Marin](#) 526-7500
[FamilyWorks](#) 492-0720
[Huckleberry Youth Programs](#) 258-4944
[24-Hour Teen Hotline](#) 621-2929
[Jewish Family & Children Svcs](#) 419-3600
[Learning Bus](#) (children 0-5yrs old) 497-1666
[Marin Childcare Council](#) 472-1092
[Marin Youth Services Text Line](#) (C4DP) 526-2557
[North Bay Children's Center](#) 883-6222
[North Marin Community Svcs](#) 892-1643
[Planned Parenthood](#) 459-4907
[SideBySide \(TAY Space\)](#) 870-9298
[Women Helping All People](#) 332-1703
[West Marin Community Svcs](#) 663-8361

SERVICIOS LGBTQI+

[The SPAHR Center](#) 457-2487
[JFCS LGBTQ Outreach](#) 449-1214
[Our Space \(LGBTQIA+ youth\)](#) 457-3200
[PHP of CA LGBTQ+ Resources](#)

INMIGRANTES

[Immigrant Resource Toolkit](#) (online resources)
[Are You An Immigrant in Need of Legal Services?](#)
[¿Es un inmigrante que necesita servicios legales?](#)
[Cash Assistance Program for Immigrants \(CAPI\)](#)
 (877) 410-8817

[Canal Alliance Immigration Legal Svc](#) 306-0437
[Catholic Charities](#) 972-1200
[Multicultural Center of Marin](#) 526-2486

DISCAPACIDADES FÍSICAS Y IDD

[Marin Ctr for Independent Living](#) 459-6245
[Golden Gate Regional Center](#) 446-3000
[In-Home Supportive Services](#) 473-4636
[Matrix Parent Network](#) 884-3535
[Integrated Community Services](#) 455-8481
[Cedars of Marin](#) 454-5310
[Lifeshouse Agency](#) 526-5300
[Opportunity for Independence](#) 721-7772
[Vision Impaired of Marin](#) 459-5066

USO DE SUSTANCIAS

[Marin BHRS Access Line](#) 1-888-818-1115
[Bay Area Community Resources](#) 444-5580
[Tobacco Control Program](#) 473-2559
[Medical Marijuana ID Card](#) 473-3288
[Free Narcan \(Naloxone\) - info@odfreemarin.org](#)
[Harm Reduction and Syringe Access](#) 457-2487
[Alcoholics Anonymous](#) 674-1821
[Al-Anon / Alateen](#) 455-4723
[Narcotics Anonymous](#) (877) 612-7837
[Nar-Anon Family Groups](#) (800) 477-6291

ASESORAMIENTO Y GRUPOS DE APOYO

[Marin BHRS Access Line](#) (888) 818-1115
[Bay Area Community Resources](#) 444-5580
[Buckelew Counseling Services](#) 491-5716
[Marin BHRS Older Adult Mental Health Services](#)
 (888) 818-1115
[By The Bay Health](#) (Grief Support) 526-5699
[Community Institute for Psychotherapy](#) 459-5999
[Enterprise Resource Center](#) 457-4554
[Jewish Family & Children Svcs](#) 449-3700
[Marin Interfaith St Chaplaincy](#) 685-5058
[NAMI Marin](#) 444-0480
[North Marin Community Svcs](#) 892-1643 x239

DENTAL

[Marin Community Clinic Dental](#) 448-1500
[Petaluma Health Center](#) (707) 559-7602
[Marin City Health & Wellness](#) 339-8813

SALUD

[Petaluma Health Center](#) (707) 559-7500
[Kaiser Permanente](#) 444-2000
[Marin City Health & Wellness Center](#) 339-8813
[Marin Community Clinic](#) 448-1500
[Marin Health](#) 925-7000
[Public Assistance-Medi-Cal](#) (877) 410-8817
[Ritter Health Center](#) 457-8182
[RotaCare Bay Area](#) (San Rafael) 692-0224
[Sutter Health Novato Community Hosp.](#) 209-1300
[The SPAHR Center](#) 457-2487

VIVIENDA

[HUD Resource Locator](#)
[Affordable Housing](#)
[AffordableHousing.com](#)
[Openhouse SF Bay Area Housing Opportunity List](#)
[Marin Living Options for Older Adults](#)
[Marin Housing Authority](#) 491-2525
[Bridge Housing](#) 989-1111
[EAH Housing](#) 258-1800
[Eden Housing](#) (510) 582-1460
[Mercy Housing](#) 355-7100
[CLAM](#) 663-1005

ASISTENCIA LEGAL

[Legal Aid of Marin](#) 492-0230
[Bay Area Legal Aid](#) (800) 551-5554
[Centerforce](#) (incarceration transition) (510) 834-3457
[Center for Domestic Peace](#) (DV) 924-6616
[County Human Rights Comm.](#) 473-6189
[Fair Housing Northern California](#) 457-5025
[Family & Children's Law Center](#) 492-9230
[Lawyers in the Library](#) 472-3733
[Legal Self-Help Center](#) 444-7130
[Marin SF Lawyer Referral Service](#) 989-1616
[Mediation / Consumer Protection](#) 473-6450
[Mediation / Landlord Tenant](#) 473-6450
[Victim Witness Assist Program](#) 473-5080

